



www.libertytaxcanada.ca
1-866-290-2222

Fast, Accurate & Friendly
We Guarantee
Our Service 100%
7 locations in Ottawa to serve you
CONTACT US TODAY!



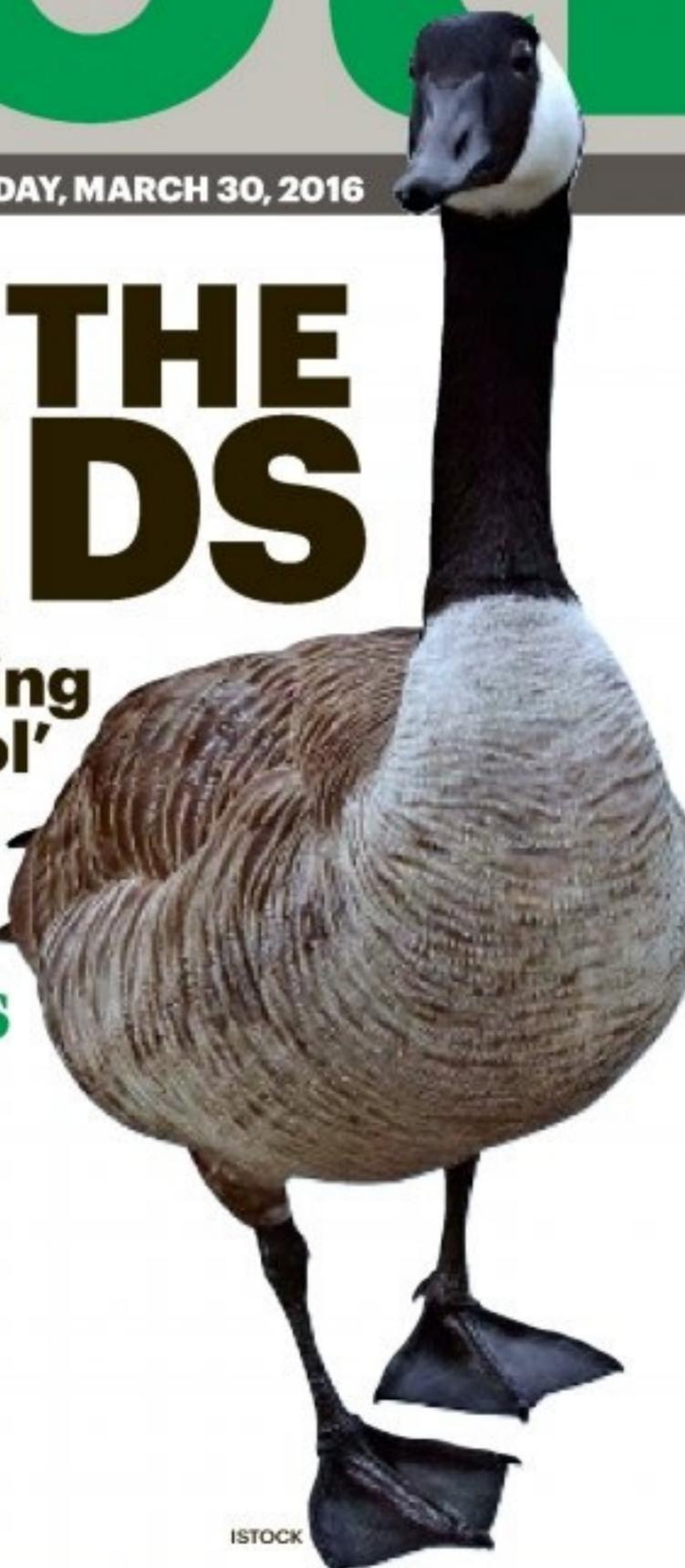
Ottawa metro

Your essential daily news | WEDNESDAY, MARCH 30, 2016

High 10°C/Low 4°C Sunny

RELEASE THE HOUNDS

**Feds using
'canine control'
to deal with
crop-eating geese
at Experimental Farm**
metroNEWS



ISTOCK

Jail death probed

INNES ROAD

**Details sparse
on why inmate
collapsed**



Joe Lofaro
Metro | Ottawa

The province is investigating after an inmate at Ottawa's Innes Road jail died Tuesday morning.

The Ministry of Community Safety and Correctional Services confirmed in an email that an inmate died in the jail, but would not provide any details surrounding the circumstances of his death.

"As you can appreciate, with the police, coroner and ministry performing investigations, it would be inappropriate to provide any details related to this incident," the ministry said in the email.

"Should the coroner determine that the cause of death was anything other than natural causes, the coroner will call an inquest. Should the death be deemed due to natural causes, the coroner may call an inquest at their own discretion."

Ottawa paramedics received a 911 call from the jail at approximately 10 a.m. for a male that had collapsed.

Spokesman J.P. Trottier said paramedics treated a man believed to be in his mid-50s, who was without vital signs. He was sent to hospital where he was later pronounced dead.

Warren "Smokey" Thomas, OPSEU president, was trying to confirm details about the incident when reached by phone Tuesday afternoon. He said the union was told the inmate died of natural causes.

"My heart goes out to the family of the person that died," said Thomas.

NOW YOU CAN EARN

AEROPLAN MILES

WITH TOYOTA AND SCION
VISIT YOUR LOCAL DEALERSHIP FOR DETAILS*



*Some conditions apply. See your local dealership for full details. ©Aeroplan and the Aeroplan logo are registered trademarks of Aimia Canada Inc.

New!

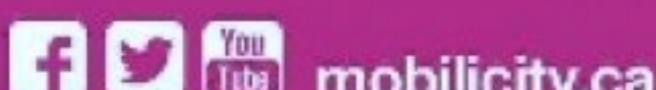
UNLIMITED TALK + TEXT + DATA

AMO



INCLUDES UNLIMITED:

Province-Wide Talk, North American Text, Data (2GB full speed allotment), Voicemail + **MORE!**



Mobilicity Stores

Nepean
Lincoln F

Lincoln Fields Mall

Ottawa

Ottawa
168 Rideau St.

1001 Nueces St.
1200-1202

173 Montreal
St. 10th fl.

Authorized Dealers

Cellular X-Zero

GENERAL X ZONE
Billings Bridges Shopping Centre

ANSWER

Buio Wireless:

100 Cyber House Inc

IGD Cyber F
223 Bank St

ZEW-Dokumente

Celtell

AZ Wireless

AZ 416889
1811 Bassline Road Unit 301

1911-1912

Impression Plus: Review

Cellular Links

Central Link
Westgate Shopping Centre

WILSON AND HAN



Premier Kathleen Wynne addresses Liberals and party donors at the 2015 Ontario Liberal Party Heritage Dinner, their biggest fundraiser of the year. STEVE RUSSELL/TORSTAR NEWS SERVICE

Wynne to shift donation rules

POLITICS

Critics call for outright ban on corporate, union cash

Ontario plans to tighten its rules on political donations starting this fall, but there is no commitment for an outright ban on contributions from companies and unions.

Premier Kathleen Wynne said Tuesday that the Liberal government will propose new rules to move away from corporate and union donations to political parties, which are banned at the federal level.

"The government will bring forward a plan in the fall, and that will include ... transitioning away from corporate and union donations, lowering the annual donation limit, and at the same time keeping the transparency measures cur-

rently in place on real-time reporting," said Wynne.

There will also be new rules on so-called third party advertising, which allowed some unions to join forces in the past few Ontario elections to out-spend all the political parties with attack ads that targeted the Progressive Conservatives.

Wynne said some changes will be in place before the next election in 2018, but "probably not" all of them because there will have to be a transition

period to allow political parties time to adjust to the new rules. Ontario needs to catch up with other provinces when it comes to regulating political donations, she added.

"We need to change those rules as the social mores change and as the expectations of the public change," said Wynne.

The premier refused to confirm reports that her cabinet ministers have been given fundraising targets of \$150,000

to \$500,000 annually.

"What's very important is that we understand what the rules are and that the people who need information — and in this case I would say the public — about who is donating and what the interaction is, that that is available," she said.

The Progressive Conservatives said no one should hold their breath waiting for the Liberals to change the donation rules, and lashed out at the alleged fundraising quotas

for cabinet ministers.

"The government should understand that democracy cannot be purchased, and that's what we've been seeing in Ontario under Dalton McGuinty and Kathleen Wynne," said PC critic Monte McNaughton.

Green Party of Ontario Leader Mike Schreiner said he wants a firm commitment from Wynne to ban corporate and union donations to political parties. THE CANADIAN PRESS

YOUR VISION IS OUR NO.1 PRIORITY!



680 Montreal Rd. (at Aviation Parkway) **FREE PARKING**
613.745.7844 • info@ottawaeyeclinic.ca

COMPREHENSIVE EYE EXAMINATIONS

WALK-IN/EMERGENCY APPOINTMENTS • SERVICES IN ENGLISH, FRENCH, AND SPANISH

Dr. Joseph Mittelman, O.D.

Dr. Maimouna Koala, O.D.

Dr. Kevin Chavez, O.D.

More time for input on road widening

PUBLIC FEEDBACK

Comment period longer on Airport Parkway plans

Residents have been granted an extension, giving them more time to share their thoughts on new design components unveiled in the city's recommended

plan for the Airport Parkway widening.

The community initially had until March 24.

However, River Coun. Riley Brockington said so much new information was presented March 10 during the city's third and final public open house that a bigger window of opportunity to comment was needed.

The new deadline is now April 7.

"I absolutely insisted that

there be more time for the public to reflect on what's being proposed and to provide comments," Brockington said.

"The turnaround time was completely unacceptable."

Some very extensive changes for the plan were presented during the recent open house.

Those include a roundabout

on Walkley Road West where a southbound off-ramp would allow motorists to exit onto Walkley, as well as new plans to shift the construction of the parkway's two new lanes to the east away from residents' homes.

The community was also presented with a redesign of Walkley Road

The turnaround time was completely unacceptable.

Coun. Riley Brockington

West.

Those features include transforming two lanes of traffic into dedicated turn lanes in the approach to McCarthy Road, and elongating one of those lanes, as well as adding concrete medians at two locations.

Some of these new design components are not sitting well with local residents.

Many are concerned over the projected increase in traffic a new parkway off-ramp will dir-

ect onto Walkley, which they believe won't be able to accommodate that kind of traffic volume, Brockington said.

City staff and project consultants have said Walkley can, in fact, handle an increase during peak afternoon commute times.

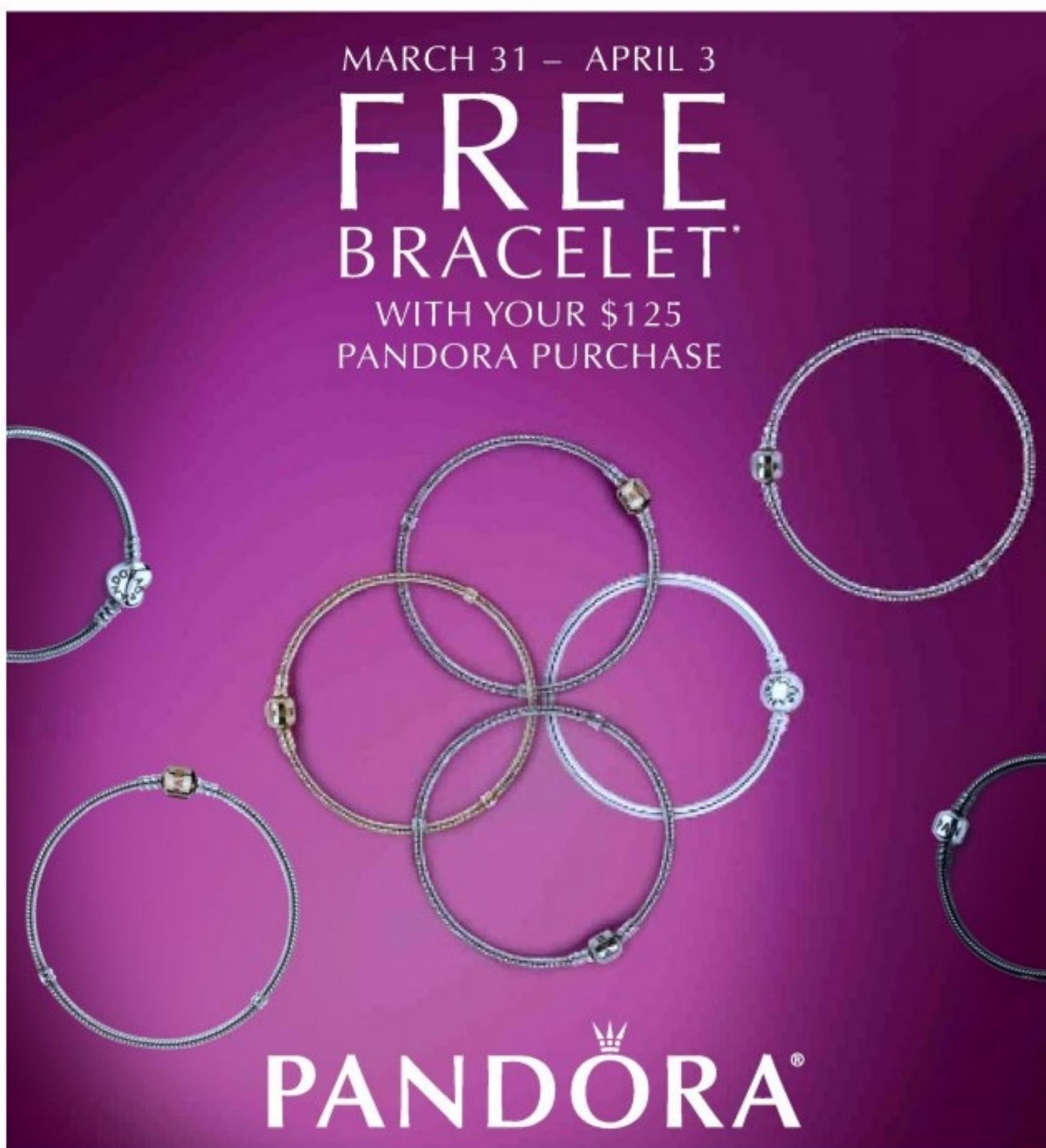
Staff plan to present their report on the results of the environmental assessment study of the widening to the city's transportation committee in May or June.

ERIN MCCRACKEN/METROLAND MEDIA

MARCH 31 – APRIL 3

FREE BRACELET*

WITH YOUR \$125 PANDORA PURCHASE



PANDORA®

THE PANDORA STORE AT
RIDEAU CENTRE

2nd Floor • 613.695.6997

[Find us on Facebook](#) /PandoraAtRideau

*Free bracelet (\$75 value). In store only. Valid at participating retailers. Void where prohibited. Not valid with prior purchase. While supplies last. Excludes gift card purchases. Additional spend required for 14K gold and two-tone bracelets. Prices before taxes. See store for details.

Snake Chain Bracelet System (U.S. Pat. No. 7,007,507) • © 2015 Pandora Jewelry, LLC • All rights reserved



Public Health nurse Suzanne Rowland tells Rideau-Vanier Coun. Mathieu Fleury how to fill in form for an STI urine sample at the University of Ottawa.

LUCY SCHOLEY/METRO

POST-SECONDARY EDUCATION

This pissing contest is for public health



Lucy Scholey
Metro | Ottawa

It was far from homecoming, a hockey game or orientation week, but four college and university campuses hosted a different kind of student rally on Tuesday.

The University of Ottawa, Carleton University, La Cite and Algonquin College tried to out-pee each other in one day.

Ottawa Public Health was encouraging students to "pee to see" — that is, provide urine samples to test for chlamydia and gonorrhea. Each school was also trying to break the Guinness World Record for the highest number of urine samples in 24 hours in one venue.

As of Tuesday morning, the University of Calgary's Wellness Centre held the record

with 502 tubes of the yellow stuff.

"This year, we thought, 'OK, let's take a new angle, make it more fun, de-stigmatize ... getting tested for an STI,'" said Christiane Bouchard, project officer with Ottawa Public Health. "It's OK. It's normal."

And the students stopping at the sign-up tables in between classes at the University of Ottawa seemed on board.

"I think that some people are uncomfortable with it, but I think it should always be encouraged," said first-year student Fiona Macdonald.

Last year, Ottawa Public Health reported more than 3,387 chlamydia cases and 331 gonorrhea cases. The vast majority — 77 per cent — were among youth aged 15 to 29. That's largely because that demographic is generally more sexually active, said Bouchard.

TECHNOLOGY

Instagrammers getting exclusive museum access

The Canadian Museum of History and the Canadian War Museum are launching Instagram accounts this week to coincide with international Museum Week.

Local "instagamers" are being invited into the museums this week to take photos before the sites open to the public. The mu-

seums are borrowing the concept for the #EMPTY events from museums worldwide.

"They can snap photos and not worry about people and crowds," said spokesperson Avra Gibbs Lamey. "We're hoping we get some unique views and some new ways of looking at the museum."

HALEY RITCHIE/METRO

THE UNDISPUTED CHAMPION OF TRUCKS.

ONLY AT FORD.

F-SERIES
BEST-SELLING IN CANADA FOR
50^{YRS}



LEASE THE 2016 F-150 XLT SUPERCREW 4X4 5.0L

\$199 | **0.99%** | **36** MONTHS | **\$2,595**
EVERY 2 WEEKS APR* DOWN

- MILITARY GRADE ALUMINUM ALLOY BODY AND BED[†]
- BEST-IN-CLASS PAYLOAD[‡]

★★★★★
5-STAR[§]
OVERALL VEHICLE
SCORE FOR SAFETY

ELIGIBLE COSTCO MEMBERS
RECEIVE AN ADDITIONAL
\$1,000 TOWARDS MOST NEW F-SERIES^{**}
Costco



FOR UNDISPUTED VALUE, VISIT ONTARIOFORD.CA OR DROP BY YOUR METRO FORD DEALERS OF OTTAWA TODAY.

GET THE ESCAPE MOST SHOPPERS BUY. THE ONE WITH ALL OF THIS:

- 1.6L EcoBoost[®] Engine
- 178 Horsepower
- Air Conditioning
- Keyless Entry
- Roof-Rack Side Rails
- Rear View Camera[†]
- 17" Aluminum Wheels
- SYNC[®] 3 Enhanced Voice Recognition[†]

LEASE THE 2016 ESCAPE SE 4WD

\$145 | **0.99%** | **60** MONTHS | **\$1,495**
EVERY 2 WEEKS APR* DOWN

OFFER INCLUDES \$1,790 IN FREIGHT AND AIR TAX

ELIGIBLE COSTCO MEMBERS RECEIVE \$1,000 TOWARDS MOST NEW 2015/16 VEHICLES^{**} Costco



Go Further

IT'S EASY TO
GET INTO A FORD. Shop now at findyourford.ca or drop by your Metro area Ford Dealers of Ottawa today.

Our advertised prices include Freight, Air Tax, and PPSA (if financed or leased). Add dealer administration and registration fees of up to \$799, fuel fill charge of up to \$120 and applicable taxes, then drive away.

Oh hey, you're looking for the legal, right? Take a look, here it is: Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible raincheckable Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). *Until February 29, 2016, lease a new 2016 F-150 Crew 4x4 XLT V8 300A/2016 Escape SE 4WD 201A for up to 36/60 months and get 0.99% APR on approved credit (OAC) from Ford Credit Canada Limited. Not all buyers will qualify for the lowest APR payment. Lease 2016 F-150 Crew 4x4 V8 300A/2016 Escape SE 4WD 201A with a value of \$37,929 /\$29,279 (after \$2,595/\$1,495 down payment or equivalent trade in and Manufacturer Rebates of \$3750/\$500 deducted and including freight and air tax charges of \$1,800/\$1,790) at 0.99% APR for up to 36/60 months with an optional buyout of \$23,348/\$11,552, monthly payment is \$436/\$313. (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of \$199/\$145); total lease obligation is \$18,075/\$20,275 interest cost of leasing is \$870/\$1,007 or 0.99% APR. Taxes payable on full amount of purchase price after Manufacturer Rebates have been deducted. Offers include freight, air tax, and PPSA but exclude administration and registration fees of up to \$799, fuel fill charge of up to \$120 and all applicable taxes. Additional payments required for optional features, license, and insurance. All prices are based on Manufacturer's Suggested Retail Price. Some conditions and mileage restriction of 80,000km for 60 months applies. Excess Kilometrage charges are 12¢ per km, plus applicable taxes. Excess Kilometrage charges subject to change (except in Quebec), see your local dealer for details. [†]Driver-assist features are supplemental and do not replace the driver's attention, judgment and need to control the vehicle. [†]Available feature; availability varies by model. Some mobile phones and some digital media players may not be fully compatible. Driving while distracted can result in loss of vehicle control. Only use SYNC systems/other devices, even with voice commands, when it is safe to do so. SYNC voice recognition and screens available in English, French and Spanish. Some features may be locked out while the vehicle is in motion gear. Optional Navigation system map updates cannot be received via Wi-Fi and requires a separate update. Data rates may apply. [‡]When properly equipped. Max. payloads of 3,240 lbs/3,270 lbs with 3.5L V6 EcoBoost 4x2 / 5.0L Ti-VCT V8 engines. Class is Full-Size Pickups under 8,500 lbs. GVWR based on Ford segmentation. [§]Class is Full-Size Pickups under 8,500 lbs. GVWR. *Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.safercar.gov). ^{**}F-Series is the best-selling line of pickup trucks in Canada for 50 years in a row based on Canadian Vehicle Manufacturers' Association statistical sales report up to 2015 year end. ^{**}Offer only valid from March 1, 2016 to April 30, 2016 (the "Offer Period") to resident Canadians with an eligible Costco membership on or before February 29, 2016. Receive \$1,000 towards the purchase or lease, up to a maximum of two (2) separate Eligible Vehicle sales per Costco Membership Number. Offer is transferable to persons domiciled with an eligible Costco member. Applicable taxes calculated before CAD\$1,000 offer is deducted. [®]Registered trademark of Price Costco International, Inc. used under license. ©2016 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under license. ©2016 Ford Motor Company of Canada, Limited. All rights reserved.

SiriusXM

Available in most new Ford vehicles with 6-month pre-paid subscription.

Arts Place funds music program

PROJECTS

Orléans musician leading vocal lessons

The halls at the Centre Réveil, a Francophone church in an old school in Orléans, were mostly quiet last week.

But turning down one of the quiet halls, the silence was interrupted by a chorus of voices singing an upbeat song and a man's encouraging shouts. Through the door, a group of singers could be seen dancing in their places as they sang.

Inside the former classroom at the Orléans church, Orléans resident and Francophone musician Abel Maxwell has been leading a group of singers in weekly music classes.

Maxwell submitted a proposal to receive Arts Place funding through the Arts Ottawa East

(AOE) Arts Council, which has its head office nearby at the Shenkman Arts Centre, to offer the music classes at the church.

He was granted funding to run the program, which was set to wrap up with a performance at the church on March 27, and with a free show in Ottawa on April 2.

"There are a lot of young people who are gifted, but they don't have the opportunity (to get involved)," Maxwell said. "This is a space for them to flourish."

The group also includes some new Canadians who may not have ever had a chance to be in a performance group before.

"Most of them have never been on the stage," Maxwell said. "It's just like a melting pot. We're bringing everyone together."

He said the group has singers who hail from Haiti, Burundi, and Madagascar.

The Francophone music

group at Centre Réveil was just one of several groups who received funding from Arts Place, a program that administered funding from a number of partners and sponsors.

Other projects included Shenkman-based Tara Luz Danse leading dance workshops for seniors at the Wabano Centre for Aboriginal Health, and artist Alisdair MacRae who ran visual art workshops at the Salvation Army Ottawa Booth Centre for the homeless.

Final projects will be showcased at Gallery 101 at 51 Young Street on April 2 from 2 p.m. to 4:30 p.m. at a free show.

BRIER DODGE/METROLAND MEDIA

“
Most of them have never been on the stage.
Abel Maxwell



Orléans' Jessica Akplogan, 21, right, sings during an Arts Place session with Abel Maxwell at Centre Réveil, a Francophone church in Orléans. BRIER DODGE/METROLAND MEDIA

EDUCATION

Teachers' sick days cost school boards \$1B: Report

A published report says Ontario teachers' sick days cost school boards nearly \$1 billion last year.

The Globe and Mail reports that the not-for-profit School Boards' Co-operative found that the average number of sick days teachers and education workers took last year was significantly more than four years prior. In 2012, the Ontario government took away teachers' ability to bank unused sick days and capped the number of sick days they could take at full pay at 11.

The Globe reports that School Boards' Co-operative found that teachers and education workers took an average of 10.29 sick days each last year, up from 8.86 days four years ago. Premier Kathleen Wynne did not respond directly to the report Tuesday, instead talking about the money the government saved by ending the practice of banked sick days. THE CANADIAN PRESS

Programme CLIC Cours de langue pour immigrants au Canada Language Instruction for Newcomers to Canada

École des adultes
LE CARREFOUR

Learn French
in 3 easy steps

1

Evaluate Your Level
Language Assessment: 613-238-5462
YMCA/YWCA, 240 Catherine St. suite 308

2

Get referred to
École des adultes
Le Carrefour
Call 613-731-7212
2445 St-Laurent Blvd. Ottawa, K1G 6C3
carrefour.cepeo.on.ca
FREE PARKING and

3

LEARN FOR FREE!

carrefour.cepeo.on.ca
613-731-7212

Citoyenneté et Immigration Canada **Citizenship and Immigration Canada**

RIDEAU CARLETON RACEWAY

Workers ramp up protests

Lucy Scholey
Metro | Ottawa

After little more than 100 days, the union representing scores of locked-out workers at the Rideau Carleton Raceway ramped up protests on Tuesday.

The Public Service Alliance of Canada (PSAC) led demonstrations at the Ottawa offices of three local Liberal MPPs, calling the province to stop privatizing the Ontario Lottery and Gaming Corporation (OLG).

In total, 124 housekeepers and slot-area cashiers have been without a contract since Jan. 1, 2014.

The employees claim they have not received a wage increase since 2009. They are asking for a higher increase than 1.75 per cent over three years. PSAC also claims the workers' pensions are at risk if the province privatizes the OLG.

"You'll have someone like Donald Trump coming in ... taking over all of the Ontario casinos and then saying, 'Well it goes into his bank account before going to the province of Ontario,'" said PSAC spokesman Larry Rousseau.

When talks resume on Wednesday, a conciliator will be on hand to moderate the ne-



Locked-out Rideau Carleton Raceway employees protest outside a Liberal MPP's office on Tuesday. CONTRIBUTED

gotiations between the OLG and the workers. Last December, an OLG spokesperson said the Crown corporation had requested a conciliator, but the employees opted for a strike vote.

That spokesperson also said a private sector buyer would be contractually obligated to continue offering a pension plan to employees transitioning from the OLG.

Ottawa Centre MPP Yasir Naqvi was at another event when the protesters showed up at his door on Tuesday (they also went to Ottawa-Vanier MPP Madeleine Meilleur's office and that of Ottawa South

MPP John Fraser, who came out to speak with protesters), but he later said he hoped the mediator would finally settle the matter.

"I have spoken to (the protesters) representatives in the past and my message has been the same: to encourage them to be back at the negotiating table to work out an agreement that works for both sides," Naqvi said.

The Rideau Carleton Raceway has been operating on reduced hours since the labour dispute heated up about three and a half months ago.

WITH FILES FROM EMMA JACKSON AND TORSTAR NEWS SERVICE

EXCLUSIVELY OURS
CLARINS

Time to Choose Your Gift

A VALUE OF UP TO \$187.* March 30 to April 19, 2016.



STEP 1

From March 30 to April 2, 2016;
Choose your travel size toning lotion.

**MAY WE
SUGGEST:**
CLARINS
Double Serum,
50 mL, \$117



STEP 2

FREE: Choose your 5-piece customized skin care set with the purchase of two CLARINS products, one of which is skin care.*



STEP UP

With the purchase of one additional CLARINS skin care product, receive a full-size Eye Revive Beauty Flash, 20 mL.

STEP 3

Book a complimentary Skin Time 10-minute lip treatment and receive a mini Lip Comfort Oil.¹

HUDSON'S BAY CREDIT BONUS

Wednesday, March 30 to Sunday, April 3, 2016

Receive a \$20 Savings Card with any CLARINS purchase of \$75 or more when you use your Hudson's Bay MasterCard® or Hudson's Bay Credit Card.** Exclusively ours



HUDSON'S BAY

SHOP THEBAY.COM

Savings for all offers are off our regular prices, unless otherwise specified. *Values are based on our per mL and/or g price for regular-sized products. One gift to a customer, while quantities last. Skin care products include all face, body, sun and Clarins men's products. Also available at thebay.com. Ask your Clarins Beauty Adviser for details. **Before taxes. While quantities last. Redeemable on your next purchase of \$100 or more before taxes when you use your Hudson's Bay MasterCard or Hudson's Bay Credit Card between March 30 and April 17 2016. Not redeemable on cosmetics or fragrance purchases. One card per transaction. Not to be combined with any other offer. Other exclusions apply. See store for details. Hudson's Bay, Hudson's Bay Credit, hbc.com and their associated designs are trademarks of Hudson's Bay Company. Credit is extended by Capital One Bank (Canada Branch). Capital One is a registered trademark of Capital One Financial Corporation, used under license. MasterCard and the MasterCard brand mark are registered trademarks of MasterCard International Incorporated.



Dogs, like this one seen at Toronto's Humber Bay East, could be used to herd geese at the Experimental Farm. MICHAEL ROBINSON/TORSTAR NEWS SERVICE

BUSINESS RUNNING A LITTLE HOT & COLD?

Now **plumbers**
can advertise
in Metro's new
Service
Directory.

Call Gabrielle at
613-369-5433

metro



Goose control goes to the dogs

WILDLIFE

Scientists look to protect crop research from hungry birds



**Haley
Ritchie**
Metro | Ottawa

Canadian geese returning to Ottawa are hungry for knowledge — but researchers at the experimental farm aren't interested in handing over their crops.

While the City of Ottawa struggles with copious amounts of fowl poop in waterfront parks, the federal government is dealing with a different goose problem at the Central Experimental Farm.

On Tuesday, the department of Agriculture and Agri-Food Canada put out a tender requesting applications for "canine control" of the goose population on the farm.

"The geese come and eat our crops and our scientists work hard on developing those crops. For them to lose that research can really slow down their efforts," said Marc Savard, associate director of research and technology in Ottawa.

"We tried to figure out a way to solve that for years and ... the best way was dogs," he said. "In the country you can use loud noises, but you can't really do that in the city setting."

Unlike fireworks, alarms or chemicals, the specially trained dogs are quiet and don't harm the geese.

"The dogs are trained not to touch the geese, they just chase them away," said Savard. "When the story came out a few years ago people said, 'Oh take my dog, he'll chase them.' Except that the dog would probably catch the goose and eat it, and there would be problems with that."

The usual cost of hiring the dogs and their handlers is \$50,000 to \$60,000 each year. Savard said considering the value

**In the country
you can use loud
noises, but you
can't really do that
in the city setting.**

Marc Savard

of the research being done, the goose-control measures are a good investment.

The City of Ottawa has a different goose problem and is still trying to find a solution to prevent the geese from covering waterfront parks with their droppings.

Last year a pilot project on Petrie Island used a mix of dogs, drones and egg destruction to control the population but the methods were too expensive to expand to other parks.

City staff estimated last fall that implementing a geese management program would cost around \$70,000 over the next two years.

BE SEEN EVERY SHINGLE WEEK

Now **roofers**
can advertise
in Metro's new
Service
Directory.

Call Gabrielle at
613-369-5433

metro





Starts Wednesday, March 30 to Sunday, April 3, 2016

FRIENDS & FAMILY

ENJOY AN
EXTRA
20% OFF

ALMOST ANYTHING



in store and at thebay.com when you use a
Hudson's Bay MasterCard® or Hudson's Bay Credit Card.

15% OFF

your purchase without a Hudson's Bay MasterCard
or Hudson's Bay Credit Card.

10% OFF

patio, furniture, mattresses, major and small appliances, vacuums, confectionery,
personal care electrics, cookware, bakeware and gadgets with any tender.

Friends & Family savings are off our regular, sale and clearance prices.
See below for details.

HUDSON'S BAY

SHOP THEBAY.COM

Hudson's Bay Friends and Family offer excludes cosmetics and fragrances, One Day Sales, Hudson's Bay Company Trading Post (Airport locations) and Hudson's Bay Gift Cards. Other exclusions apply. See store for complete listing. 15% and 20% offers exclude Diesel, Kate Spade New York, UGG Australia, Kleinfield, The Room, Hudson's Bay Fur Salon, TOPSHOP, TOPMAN, NYDJ, Hugo Boss, Burberry, Polo Ralph Lauren, Lacoste, Vince, 3.1 Phillip Lim, Diane Von Furstenberg, Theory, Moose Knuckles, Under Armour, AIC, Helmut Lang, T by Alexander Wang, Frye, Dr. Martens, Hunter, Aquatalia, West End Shop/Boutique le President, Maccaferri, Swarovski, Amor, Pandora, furniture, mattresses, bedding and sheets by Sierra, Frette, Marimekko and Ralph Lauren, patio, major and small appliances, BBQ's, vacuums, personal care electrics, confectionery, cookware, bakeware, and gadgets. 10% offer excludes Dyson, Jenn Air, GE CAFÉ, Vitamix, and Kate Spade New York. 10%, 15% and 20% offers are mutually exclusive and cannot be combined with New Account discount. No price adjustments on purchases made prior to March 30, 2016. Offer cannot be combined with any other coupon(s). Hudson's Bay, Hudson's Bay Credit, Hudson's Bay Rewards, hbc.com and their associated designs are trademarks of Hudson's Bay Company. Credit is extended by Capital One Bank (Canada Branch). Capital One is a registered trademark of Capital One Financial Corporation, used under license. MasterCard and the MasterCard Brand Mark are registered trademarks of MasterCard International Incorporated.

JOIN THE FIGHT

SUPPORT CANADIANS LIVING WITH CANCER



BUY A PIN
Please give generously
cancer.ca/daffodil



Seven dead in plane crash

MAGDALEN ISLANDS

Ex-cabinet minister and family among the victims

Former federal cabinet minister Jean Lapierre was among seven people killed in a plane that crashed as it was trying to land in Quebec's Magdalen Islands.

The TVA network, Lapierre's employer, confirmed that the former Liberal transport minister who went on to prominence as a political analyst on television and radio, was on the plane.

A local Magdalen Islands radio station, CFIM, reported that Lapierre's wife, his sister, his two brothers and an aunt were also killed in the crash—information that the Star could not independently confirm.

Lapierre noted on Twitter Monday that his 83-year-old father had just died after a battle with Parkinson's disease. He was travelling back to the island in the Gulf of St. Lawrence for the funeral.

The Surete du Quebec con-



A plane crashed in a field on Quebec's Isle-de-la-Madeleine on March 29, 2016. TORSTAR NEWS SERVICE

firmed Tuesday afternoon that all those on board the turbo-prop airplane died. Benoit Leblanc, a supervisor with Ambulance Leblanc, said in an interview with radio station FM93 that six of the passengers were dead by the time that paramedics arrived at the scene of the accident.

A seventh person survived

long enough to be transported to hospital but died from their injuries, Leblanc said.

The airplane, a Mitsubishi MU-2B-60 Turbo-prop, crashed just north of the island's airport, the Transportation Safety Board said in a news release. The agency, which investigates all air, marine and rail accidents,

has dispatched a team of investigators to the crash site.

TSB spokesperson Chris Krepinski said that the team of investigators would have departed Tuesday for the crash site, but weather conditions were so bad that they were prevented from travelling until Wednesday.

TORSTAR NEWS SERVICE

JEAN LAPIERRE Tributes pour in

Tributes poured in Tuesday for ex-federal cabinet minister Jean Lapierre following his death in a plane crash in eastern Quebec.

Many well-known Quebec journalists posted messages on social media during the day, begging Lapierre to say something to deny rumours he was on board the plane.



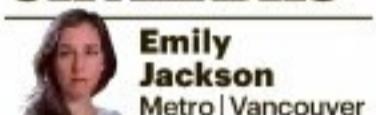
Jean Lapierre

"He was above all a communicator," said Montreal Mayor Denis Coderre. "He could say a lot in a few words."

"An utter shock to learn of the death of Jean Lapierre and many family members," tweeted NDP Leader Tom Mulcair.

THE CANADIAN PRESS

Tenant shocked to see home on Airbnb



Emily Jackson

Metro | Vancouver

When Theresa Mansell and her two roommates got an email from their landlord in mid-February stating they had to vacate their Burnaby, B.C. home so his family could move in, they were disappointed and made plans to leave at the end of March.

But they were suspicious about the reason for their eviction since a few weeks earlier, a photographer showed up to take photographs of the house for Airbnb. Mansell told Metro. At the time, the landlord assured them he was only listing the basement suite, not the upper level of the house they rented for \$2,100.

"We ended up looking online and finding the ad for our actual place," said Mansell, a 24-year-old Emily Carr University student.

Mansell's experience comes as Metro Vancouver municipalities grapple with rental vacancy rates, leading politicians to question whether websites such as Airbnb are taking rental units off the housing market.

MONTREAL

Video prompts security operation

It is "too soon" to say whether a police raid Tuesday at a Montreal home was prompted by a threat to national security, the RCMP says.

Cpl. Francois Gagnon, a spokesperson with Mounties, confirmed that the force is working "in collaboration" with the Montreal Police, who responded Tuesday morning to the threat of an explosive device in the Montreal neighbourhood of Pierrefonds-Roxboro.

But he said that it is the local police force which is leading the investigation into a suspected

bomb threat.

The Journal de Montréal reported that the emergency response Tuesday was prompted by a video posted online that appeared to show an explosive device. La Presse reported that the video was flagged to police in Quebec City, who then alerted their colleagues in Montreal after tracing the IP address of the computer that posted the video.

Officers evacuated some 200 people from their homes in the vicinity of the target residence and also temporarily shut down

a commuter train that stops in the neighbourhood.

At the home, local police found and detained two people, "the suspect and the mother," but said they found no evidence of an explosive device.

Residents were allowed to return home at about 1:30 p.m. Tuesday.

The Mayor of Pierrefonds-Roxboro, Dimitrios Jim Beis, said he was concerned by suggestions of a risk to public safety, but confident in the police's ability to handle the probe.

TORSTAR NEWS SERVICE

Paralegal Training



You can study full-time in the day or part-time in the evening

ALGONQUIN CAREERS ACADEMY

1830 Bank Street • 613-722-7811 • algonquinacademy.com

COMPREHENSIVE PROGRAM TAUGHT BY LAWYERS



File with EasyTax® and get cash today.*

It's your money, you shouldn't have to wait.

Start your process online at moneymart.ca/easytax

We can help.



*Same-day cash refund must meet published criteria. Ask a CSR for details. EasyTax® same-day cash refund service is only available on refunds of \$100 or more. Same-day service applies to fully completed applications with required documentation submitted by 5pm or prevailing turnaround time deadline. Other conditions apply. See store for details or visit moneymart.ca. EasyTax® and Money Mart® are registered service marks of National Money Mart Company. © 2016 National Money Mart Company. All rights reserved.



Buy a daffodil pin and wear it to show your support for Canadians living with cancer.
Please give generously | cancer.ca/daffodil

SAY IT WITH FLOWERS

Sending a message of hope with the beauty of blooms.

Spring is the season of rebirth and renewal, of hope for brighter days ahead. For 60 years, the Canadian Cancer Society has used one of the first-blooming spring flowers, a yellow daffodil, as a symbol of strength and courage for people living with cancer.

During the 1950s, the charity's volunteers started to use daffodils as decorations at fund-raising tea events. At the time, cancer was a disease that people only whispered about. A group of Toronto volunteers wanted to show support for patients by bringing cancer out of the shadows. They spread the message by handing out daffodils to patrons of local restaurants. When people wanted to pay or make a donation for the flowers, the charity realized that the little yellow bloom could also be a powerful fundraiser.



CONTRIBUTED

In the years since, the daffodil has become a symbol of cancer awareness — so much so that in 2000, the Canadian Cancer Society adopted it as its logo.

In Ontario, Loblaw Companies Limited is the Canadian Cancer Society's official fresh daffodil retail partner. Through this partnership, fresh daffodils will be sold exclusively at Loblaws, Zehrs, Valu-mart, Real Canadian Superstore and Your Independent Grocer stores across the province between March 31 and April 14 (or while supplies last). For every bunch or pot sold, \$2 will be donated to the charity. Money raised during Daffodil Month goes toward life-saving research and essential support programs for those living with cancer.

Virtually everyone has been touched by cancer, either personally or by association. Two out of five people are expected to develop the disease during their lifetimes, and one in four is expected to die from it.



BUYING FRESH OR POTTED FLOWERS DURING APRIL

means more than just a monetary donation: it is a symbol of support for all those who are living with cancer. To learn more about Daffodil Month or to make a larger gift, visit cancer.ca/daffodil.

1. BUY DAFFODILS

Since the 1950s, the Canadian Cancer Society's sale of daffodils has come to stand for strength and courage in the fight against cancer. Money raised through these efforts funds life-saving research and support programs such as rides to treatment. Daffodils are available at retail locations, including Loblaws, Zehrs, Valu-mart, Real Canadian Superstore and Your Independent Grocer stores locations across Ontario. For every bunch or pot of the flowers sold, \$2 will be donated to the Canadian Cancer Society.

2. WEAR A DAFFODIL PIN

Proudly show your support for those living with cancer by purchasing and wearing the symbolic pin. Wearing the daffodil pin shows the world that you stand in solidarity with people living with cancer. Pins will be sold April 7 to 10 and are also available at retail partners such as the LCBO.

3. PARTICIPATE

This April, workplaces across the province are painting themselves yellow to fundraise in support of Daffodil Month by hosting bake sales, dress-yellow days or desk-decorating contests. To learn more or register your workplace, visit cancer.ca/yellow.

DON'T FACE IT ALONE

The Canadian Cancer Society's free Cancer Information Service helps patients and families feel informed and supported.

The way Canadians consume health information has evolved over the years. Twenty years ago, when the Canadian Cancer Society launched its Cancer Information Service, inquiries came by phone, with staff answering questions and mailing out brochures to patients and their families. Nowadays, people send email and access the Society's website, cancer.ca, which is jam-packed with anything you ever wanted to know about cancer.

The demand for cancer information is poised to climb even higher as the country's aging population drives an expected surge in cancer cases. A new survey commissioned by the Canadian Cancer Society shows that nearly half of all Canadians have sought out information about cancer, with 85 per cent first turning to the internet. Two-thirds said their online searches left them feeling overwhelmed and stressed out.

"Facing cancer is hard. People have many worries and questions during what may be the most stressful time in their lives or the



CANCER INFORMATION SERVICE CLIENT FLYNN DEHAMILTON/CONTRIBUTED

lives of a loved one," says Laura Burnett, director of the Canadian Cancer Society's information and support programs. "It's easy to become overwhelmed. Don't face cancer alone. Instead, we urge people to contact our free Cancer Information Service."

Since 1996, the Canadian Cancer Society has answered more than 1.2 million ques-

answered all my questions and even referred me to some helpful services right in our community."

Jennifer Wiernikowski also knows the value of the service and has recommended it to many of her patients. Wiernikowski is a nurse practitioner at the Juravinski Cancer Centre in Hamilton and member of the Canadian Association of Nurses in Oncology.

"I encourage all my patients and their families to call the Cancer Information Service," says Wiernikowski. "This service is a trusted source of information and support. The staff take as much time as needed to make sure people get all of their questions answered, even the ones they didn't even know they should ask."

To contact the Cancer Information Service, call 1-888-939-3333 or visit cancer.ca.

MOST COMMONLY ASKED ABOUT TYPES OF CANCER AT THE CANCER INFORMATION SERVICE

- 1. Breast
- 2. Lung
- 3. Prostate
- 4. Colorectal
- 5. Cervical



PLANNING A BRIGHTER FUTURE

Advances in treatment are changing lives for people affected by cancer.

Canada's population is growing — and people are living longer. These two factors are expected to drive a 40 per cent jump in the number of cancer cases in the country by 2030.

As Canada's largest national cancer charity, the Canadian Cancer Society is working hard to ensure it can meet the forecasted surge in demand for the vital support programs it provides to patients and their families, while also continuing to invest in the best cancer research.

"Supporting Daffodil Month has never been more urgent," says Dr. Katie Wright, senior manager of Research Communications for the Canadian Cancer Society in

Ontario. "In buying a daffodil pin, you will be saving lives and helping people who are living with cancer now and in the future."

Continued advances in treatment have helped survival rates increase significantly, to more than 60 per cent today compared with 25 per cent in the 1940s. Yet two in five Canadians will face a cancer diagnosis in their lifetime. Cancer is not a single disease: It is actually more than 200 different diseases.

Thanks to the generous support of donors, the Canadian Cancer Society is the leading charitable funder of research into most types of cancer, in-

cluding common cancers such as lung and colorectal and rarer forms such as pediatric and pancreatic.

The charity also funds clinical trials that test new ways to prevent, diagnose and treat cancer at more than 80 hospitals across the country. There are Canadian Cancer Society-supported clinical trials at every regional cancer centre in Ontario. These trials look at things like testing new and existing drugs in different forms of cancer, testing new combinations of existing drugs, and testing different doses and schedules of radiation therapy. They also test strategies to prevent cancer or the recurrence of cancer, and ways to improve quality of life of patients.



JOIN THE FIGHT

SUPPORT CANADIANS LIVING WITH CANCER



PAINT YOUR WORKPLACE YELLOW!
cancer.ca/yellow



14 | Wednesday, March 30, 2016

World | **metronews**

TERROR

No more 'normal' in Brussels

Belgium's justice minister pleaded Tuesday for critics of Belgium's intelligence failures to focus on the hunt for those behind last week's Brussels attacks and November's massacre in Paris.

Investigators say they are still looking for at least one suspect in the attacks seven days ago, when suicide bombers killed 32 people at Brussels' airport and in a subway station near the European Union headquarters. Three suicide bombers also blew themselves up.

The Health Ministry and victims identification officials said 90 people remain in hospital, a third of them suffering from severe burns. In a joint press conference they said the 32 dead include 17 Belgians and 15 foreigners, while 44 of the wounded are foreigners from 20 nations.

Belgium has faced rising international criticism over its evident inability to identify and monitor Daesh activists living in the capital who have been deemed responsible both for the March 22 bombings in Brussels and the Nov. 13 attacks on Paris nightspots that left 130 dead.

Brussels Mayor Yvan Mayeur, who faces criticism for his own actions before and after the suicide bombings, said there is "no such thing as 'normal' anymore." THE ASSOCIATED PRESS



Policemen and soldiers at the entrance to Brussels' airport.

AFP/GETTY IMAGES

Hijacking of EgyptAir flight ended peacefully

SECURITY

'Unstable' man wearing fake explosives

An Egyptian wearing a fake explosives belt who hijacked a domestic EgyptAir flight and forced it to land in Cyprus on Tuesday surrendered and was taken into custody after releasing all passengers and crew unharmed following an hours-long standoff.

Officials said early on that the hijacking was not an act of terrorism, and later that the man appeared to be psychologically

unstable. However, the incident was likely to renew concerns about Egyptian airport security months after a Russian passenger plane was downed over the Sinai Peninsula in a bombing claimed by Daesh.

"From the start, it was clear that this wasn't an act of terrorism, and despite the fact that the individual appeared to be dangerous in terms of his behaviour, we understood that this was a psychologically unstable person," Cyprus' Foreign Minister Ioannis Kasoulides told reporters.

He said the man initially asked to speak with his Cypriot



A passenger leaves a hijacked EgyptAir aircraft after landing at Larnaca Airport in Cyprus on March 29, 2016. THE ASSOCIATED PRESS

ex-wife, who police brought to the airport.

"After that, he started asking for European Union representa-

tives to assure him about matters that had no logical basis," Kasoulides said.

At one point the hijacker de-

manded the release of women held in Egyptian prisons, but he then dropped the demand and made others. "His demands made no sense or were too incoherent to be taken seriously," the minister said, adding that the contents of a letter the hijacker wanted to give to his ex-wife "were also incoherent."

Egypt's Interior Ministry identified the hijacker as 58-year-old Seif Eddin Mustafa. It said he has a long criminal record, with charges including forgery, theft and drug possession. He had also served time in prison, it said.

THE ASSOCIATED PRESS

MIGRANTS TENSIONS HIGH AT GREEK BORDER AS PROTESTS CONTINUE

Migrant children look from inside a rail car at a train station near a makeshift refugee camp at the northern Greek border point of Idomeni, Greece on March 29, 2016. More than 15,000 people — nearly a third of the total stranded in Greece — are refusing to move to government-built shelters around the country, and remain at the border with Macedonia and at the port of Piraeus, near Athens.

Meanwhile, police have clashed with hundreds of migrants and refugees.

The protesters have blocked freight rail tracks for the past eight days, demanding that the border reopen. Macedonia says the border will remain closed to all migrants at least until the end of the year.

DARKO Vojinovic/
THE ASSOCIATED PRESS



DH Plumbing & Heating
613-282-8094

ALL PLUMBING SERVICES

Natural Gas including Furnaces,
Tankless Hot Water, Boilers,
Hydronics Team

Financing Available

DHPLUMBING.CA

HELP WANTED

Building Restoration Mechanics and Foremen



2275 Stevenage Dr.
Unit #2, Ottawa
Office: 613-240-0007
Fax: 613-240-0001

Need experience in any of the following:
Concrete Repairs, EIFS,
Waterproofing, Brick and Masonry,
Painting, Asphalt, Caulking, Rebar
Placement, Metal Flashing, Stucco,
Expansion Joints, Windows & Glazing

CONTACT BROOK RESTORATION AT:
613-249-9887 or cell: 613-752-0090
email: robert@brookrestoration.ca
website: www.brookrestoration.ca

Hip or Knee Replacement?

The Disability Tax Credit allows for a
\$2,500 Yearly Tax Credit
\$20,000 Lump Sum Refund (on avg)

Copd, arthritis, and many other disabling
conditions that cause **Restrictions In
Walking or Dressing** may qualify.

For Expert Help: **1-844-453-5372**



metronews

**Tell us how you
really feel.**

Join our online reader panel and help make your Metro even better. metronews.ca/panel



A tutor helps a student at Lighthouse Labs in Toronto.

CHRIS YOUNG/THE CANADIAN PRESS

Struggle to find skills

TECH

Wanted: Web developers and coders

Three years ago, Erik Dohnberg was working at the Genius Bar at an Apple store in London, Ont.

He'd been there for 10 months after graduating with an information and media studies degree from Western University when he decided he wanted more.

With the intention of starting up his own business, Dohnberg signed up for a nine-week boot camp at Bitmaker Labs, a web developer training school in Toronto.

Within two weeks of completing the boot camp, Dohnberg had 16 job interviews and received two job offers. One of them was from Bitmaker Labs.

Tech skills programs like the ones at Bitmaker Labs have been sprouting up over the past few years in response to a tech tal-

ent shortage in Canada. It's a problem that has been bubbling to the surface, as more startups open up shop and try to recruit from an already-small pool of Canadian coders and developers.

A report released earlier this month by the Information and Communications Technology Council estimates that 218,000 tech jobs will be created in Canada by 2020. It warns that it could cost the economy billions of dollars in lost productivity, tax revenues and GDP if Canada doesn't address the tech skills gap.

At Bitmaker, courses range from weekend boot camps to an intensive nine-week course for \$9,000. The school believes anyone can learn how to code and its students include everyone from college and university dropouts to ex-engineers, investment bankers and skilled labourers. Bitmaker has also enrolled computer engineer and science graduates looking to update their skills.

THE CANADIAN PRESS

HIRING

Talent shortage means university not required

Before Hired launched in Toronto last November, nearly 27,000 people and more than 280 companies applied for the online service that matches job seekers with gigs in the tech sector.

About five per cent of applicants are approved to use Hired's services, and it usually charges firms 15 per cent of a new employee's first-year salary for each successful hire.

To Matt Mickiewicz, the company's co-founder and chief product officer, the high

interest signals a problem — the jobs are there, but there are too few qualified candidates to fill them.

Canada's tech companies are in stiff competition for retaining top prospects. Organizations are struggling to find qualified applicants.

One of the top challenges for many is attracting and recruiting employees, according to an ICTC survey where more than 53 per cent of respondents identified it as a problem.

THE CANADIAN PRESS

EMPLOYMENT

Liberal budget fails to help jobless youth

A notable Liberal election pledge designed to encourage employers to hire young people failed to make the cut in last week's federal budget.

Prime Minister Justin Trudeau vowed during last year's campaign to offer a 12-month holiday on employment insurance premiums to employers who give permanent jobs to people aged 18-24.

The promise, announced in September by Trudeau himself, was supposed to come

into force this year and extend through 2017 and 2018, but it didn't receive a mention in the budget.

During the campaign, Trudeau noted that the Chrétien Liberals did something similar in the late 1990s "to tremendously positive effect."

Last month, the country's unemployment rate for youth aged 15 to 24 was 13.3 per cent, compared to 7.3 per cent for people 15 and over.

The pledge would have also

provided financial relief for potential bosses by waiving their EI contributions.

The Liberals estimated the total savings for employers would have been \$80 million this year, \$80 million in 2017 and \$60 million in 2018.

Government officials did not immediately respond to questions Tuesday as to why the policy was absent from the budget or whether it will be introduced in the future.

THE CANADIAN PRESS



Justin Trudeau discusses the budget in Toronto on March 24.
PETER POWER/THE CANADIAN PRESS

Get the latest phones on sale now. Only until March 31st.

SAMSUNG
Galaxy S6

\$99

on WINDtab™

nexus 5X

\$0

on WINDtab™

SAMSUNG
Galaxy S7

\$199

on WINDtab™

LG G4

\$0

on WINDtab™

SAMSUNG
Galaxy Note5

\$199

on WINDtab™



Learn more at windmobile.ca. Sale ends March 31, 2016 or while supplies last. Select devices are valid on new activations and eligible WINDtab upgrades. Applicable taxes extra. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. WINDtab terms and conditions apply. Samsung, Samsung Galaxy S7, Samsung Galaxy S6, and Samsung Galaxy Note 5 are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Google, Nexus and Android are trademarks of Google Inc. LG and the LG logo are registered trademarks of LG Corp. and its affiliates. Screen images simulated. WIND, WIND MOBILE and TRUE MOBILE FREEDOM are trademarks of Wind Telecommunications S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile

URBAN ETIQUETTE **ELLEN VANSTONE**



Dear Ellen,
I was on a date recently, with a woman I met online. Actually it was the morning after, and it was breakfast. She had a poppy seed from a bagel stuck in her teeth, which was really noticeable, but I didn't say anything in case I embarrassed her. Then I thought, if she notices it in the mirror later, she'll be embarrassed anyway. Should I have said something?

R.D., Edmonton

Dear R.D.,
Your letter, like so many letters I get, raises all kinds of questions that may or may not have to do with etiquette — but which are fascinating nonetheless.

For example, you say you were on a "date," but I think we may fairly assume you had a night of sex that led to a "morning after." To some people, that might qualify as a relationship already. Others might call it a one-night stand. Your use of the rather quaint word "date" puts the encounter somewhere between the two.

You also fail to indicate whether it was a first date, or the 20th time you've been out with this person, and — if closer to the latter — at what point sexual congress began.

Finally, you specify that you "met online." It makes me wonder whether you approach online dates differently from IRL setups. Should

You should always say something when your companion has food in their teeth. ... The trick is to do it quickly and jovially.

THE QUESTION

My date had a poppy seed in her teeth during breakfast, but I didn't say anything in case I embarrassed her. Should I have said something?

Maybe if I lick
her teeth vigorously...



He loves

me!!

© Ani Castillo

one? Hmm, if the dates are being arranged via Ashley Madison or a BDSM site, then perhaps one should.

What exactly is your relationship with this person? It's all very confusing.

Not the etiquette part. That's easy. The answer is yes, you should always say something when your companion has food in their teeth, or something hanging out of their nose, or their shirt buttons are gaping open to expose a brassiere, or they have a wire coat hanger dangling off the belt of their jacket, which I once had to point out to a roommate as she raced off to a job interview. I noticed the hanger as she ran out the door, and called out to her: "Stop! Come back!" This made her

miss her bus, be late for the interview, and not get the job, which she still blames me for. But I maintain that if she showed up with the hanger on her belt, she wouldn't have got the job anyway.

Are there any exceptions to this rule? Yes, if you meet the Queen of England and she has food in her teeth, you may safely assume she has enough advisors around her to deal with the situation, and save yourself the trouble and discomfort of pointing it out. The same goes with dictators, muggers or your boss during a performance review. Whilst at the mercy of someone who has the power to end your life or career, it is acceptable to put your own social com-

fort before theirs.

In your encounter with your date, however, mentioning the poppy seed as soon as you noticed it would have been the considerate thing to do. To minimize embarrassment for either of you, the trick is to do it quickly and jovially (as if it's a funny, cute thing), and not in a low, embarrassed murmur (as if it's a horrifying, shameful thing).

And then, R.D., get on with your date, or relationship, or online hookup, or whatever it is you are doing with this woman, just so long as you continue to do so with good manners.

**Need advice?
Email Ellen:
scene@metronews.ca**

metroview

Rob Ford's dismal LGBT record needs to be remembered



Rob Salerno
For Metro

It's not surprising that in the wake of Rob Ford's death, commentators from all corners are rushing to forgive or explain away the former mayor's many personal failings.

But while pundits have occasionally contorted themselves into logical pretzels to explain away Ford's casual racism and misogyny — "He was just drunk!" "He always fights for the little guy!" — none has ever been able to explain away his deliberate and calculated anti-LGBT statements and actions.

Ford never hid anti-LGBT animus. From his earliest days on council, when he opposed funding small grants to diversity and AIDS-prevention campaigns, he made it explicit that his opposition stemmed from disgust with LGBT people, not from a desire to protect the public purse.

"I have no problem giving money out to physically or mentally handicapped children or seniors, but spending \$5,000 on this video is disgusting," Ford said of an educational video about homosexuality in the South Asian community in 2001.

"If you're not doing needles and you're not gay, you won't get AIDS, probably," is another Ford classic that reveals not only shocking ignorance about AIDS, but a cavalier attitude toward the lives of gays and (ironically) drug users.

As mayor, Ford's oppos-

ition to the existence of LGBT people in the city intensified. The dispiriting annual game of will-he-or-won't-he-march-in-Pride provided his allies with a convenient set of excuses — it was about the city money given to Pride, and besides, he was spending time with his family — but through four years in office, he systematically avoided any opportunity to meet with the LGBT community in an official capacity.

When the city protocol office decided to raise the Pride flag at city hall during the 2014 Sochi Olympics to support LGBT Russians and athletes, Ford protested loudly and demanded it come down. Later that year, he made it a point to remain seated as council stood to congratulate the success of World Pride.

Beyond these symbolic gestures, Ford cast the lone vote on council against a report that recommended increased supports for homeless LGBT youth.

Ford's homophobia wasn't just a private matter, either. His "Nation" included a contingent of homophobes who ate up his provocations and responded with occasional violence toward LGBT people.

While the community stood firm and fought back, Ford's campaign to diminish the lives and dignity of LGBT people in Toronto should not be forgotten.

Rob Salerno is a gay journalist and activist who has written for Daily Xtra, NOW and Vice, among other outlets.



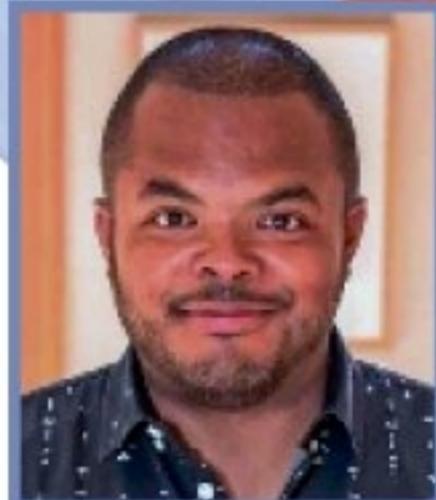
Juno menu hits all the right notes

STEP ONE
Spiced croutes
 Yield: 4 servings
 • Sidewalk Citizen Staple sourdough loaf
 • 1/2 tsp ground cumin
 • 1/2 tsp garlic powder
 • 1/4 tsp sweet paprika
 • 1/4 tsp ground black pepper
 • 1/4 tsp sea salt
 • 1 1/2 Tbsp extra virgin olive oil

Preheat oven to 350F. Slice sourdough loaf widthwise into 1/2-inch thick slices. Mix all ingredients together and using a pastry brush, distribute mixture on 4 slices of sourdough. Toast bread in oven 6 minutes. Let cool on baking tray.

STEP TWO
Slow roasted Sunset Campari tomatoes

Preheat oven to 350F. Toss whole Sunset Campari tomatoes gently with olive oil, salt and pepper. Bake in oven for 16 minutes. Cool on baking tray until room temperature. Store gently until service as they are meant to be blistered but intact for service.



Chef Roger Mooking.
 ALL PHOTOS BY NIKOLAI CUTHILL

Bass is Base Juno-award winning artist Roger Mooking is the first celebrity chef to curate the food for the 2016 Juno Gala Dinner & Awards with his exclusive three-course meal for Canada's music elite. Mooking's multicultural influences are reflected in the appetizer shared here **RECIPES COURTESY ROGER MOOKING**

STEP THREE
Roasted garlic
 • 12 garlic cloves, peeled
 • olive oil
 • salt and pepper
 • 1/2 tsp water

Preheat oven to 350F. Toss garlic cloves with olive oil, salt, pepper and water. Place garlic cloves on prepared baking sheet and cover tightly with aluminium foil. Bake for 45 minutes or until cloves are tender. Let cool on baking tray.

STEP FOUR
Nuh Gana dressing

Yield: 6-8 servings
 • 1 red sweet pepper, roasted, peeled and deveined
 • 8 cloves of roasted garlic
 • 2 Tbsp extra virgin olive oil
 • 1 Tbsp white wine vinegar

Combine all ingredients in a high speed blender and puree until smooth.

STEP FIVE
Salad mix Yield: 2 servings

• 2 cups Loosely Packed Baby Kale
 • 2 cups Loosely Packed Baby Arugula
 • 1/2 cup Torn Fresh Basil Leaves
 • 2 cups Torn Boston Bib Lettuce

Gently toss ingredients together to combine.



1310 NEWS

Introducing...
OTTAWA TODAY
 with **Mark Sutcliffe**
WEEKDAYS 9am - 1pm

Feeling lonely? Rent a friend

WEBSITE

Meet the people who get paid to hang out as pals

Ryan Porter
Torstar News Service



In '80s teen movies, when someone pays for friendship, they're usually about to learn a valuable lesson about how priceless true friendship really is. Priceless, as in free, as in the same price of a *Can't Buy Me Love* VHS.

So I had steeled myself for a karmic comeuppance when I first met Cassandra Lemon, a 22-year-old social-work student, kitchen staff member at iQ Food Co. and professional friend-for-hire.

This was in spite of encouraging early evidence. Lemon had cheerfully embraced the idea of attending a showcase of breaking bands at the Painted

Lady, a bar on Ossington Ave., earlier this month when I contacted her through RentAFriend.com. The site arranges platonic hangouts at an hourly rate, plus a \$24.95 U.S. monthly membership fee.

Though she usually asks for \$20 to \$25 an hour, Lemon happily agreed to accept \$10 an hour in exchange for a free night out. Arriving 10 minutes early, dressed in a simple black T-shirt, smoky-eye makeup beneath her glasses and a necklace strung with the symbol from video game *Assassin's Creed*, Lemon nodded along as I made conversation, fixing me with a sympathetic, unblinking gaze.

This was the 15th or 16th time she had met someone through Rent-A-Friend since joining four years ago, and the results had been drastically mixed. She describes one man she met for a drink as "too angry" — she politely excused herself early in the evening.

Another, in town for a meeting, invited her to the theatrical horsemanship showcase Cavalia. He got lost along the

way and, frustrated that her phone was too old to receive photos of the surrounding landmarks, took her straight to the Apple Store and bought her an iPhone.

"I was really uncomfortable," she says. "I was incredibly grateful the whole day, like, thank you so much!"

Another guy asked her to accompany him to a wedding. "He didn't want any more, 'Why aren't you seeing anybody?'" she says. At the last minute, he cancelled.

Before meeting anyone, she sets ground rules to ensure it's understood just what kind of friend-for-hire she is.

"I'm not OK with hand holding," she says. "I'm OK with sitting next to you. We'll see, maybe a hug at the end. . . . For me, I'm not even going to get in your car."

Despite RentAFriend.com's goal of connecting people with friends, finding Lemon wasn't easy; of the 14 professionally social people I contacted, only half responded and most shirked press coverage of their side gig. "If I have nothing to do and I'm



Cassandra Lemon, 22, was connected with Toronto Star reporter Ryan Porter through the site RentAFriend.com. He paid her \$10 per hour to hang out at the Painted Lady bar in Toronto.

J.P. MOCZULSKI/TORSTAR NEWS SERVICE

bored at home, why not, right? It gets me out of the house."

While Czerniawska is up for new experiences, she turned down a request from a woman who wanted her to meet at Ossington Station every morning at 8:15 a.m. to make sure she made it to work. It's the only story I heard about a woman trying to rent a friend. Lemon says all of her messages have been from men.

Ironically, Lemon has been using some of that extra Rent-A-Friend income to go out alone: she's gone to see arena acts such as Taylor Swift, Ed Sheeran and

Ariana Grande solo.

We pause to listen to Color Film, an indie-rock guitarist from Hamilton. I worry that Lemon can't see. I worry that the noise is overpowering the music for her the way it is for me. I worry about if she is having fun.

Though Lemon is nothing but upbeat about the experience, if there's any moral to the Rent-A-Friend story, I decide, it's this: If I'm going to make anyone suffer through an unknown rock band, I would rather it be with someone who I'm already comfortable not having fun with.

FASHION

I'm a grown woman, and I went bananas over a handbag

Irene Kuan
Metro | Canada



I'm a level-headed, mature woman, but for a few minutes on the morning of March 29, I turned into a hyper-crazed, foaming-at-the-mouth maniac — for a handbag.

Touted as the bag to have by the international fashion gods, the black bucket bag with the red "flamma" interior by the little-known, yet notoriously

hard-to-get brand Mansur Gavriel, has been on my must-have list for more than a year. I've never managed to snag one, though, and I seethe with jealousy whenever I see a woman carrying one.

Mansur Gavriel, an American fashion house founded by designing duo Rachel Mansur and Floriana Gavriel, came to the attention of the media in 2013, and has continued to make a bigger splash on the fashion scene with each new collection, including at the latest New York

fashion week in February.

Called the first post-recession "it" bag by *Business of Fashion* in early 2015, Mansur Gavriel's bucket bag has reached such cult status that the company headed to court earlier this month to fight back against copycats.

I needed this bag. I didn't care about the cost, or my composure. I was obsessed.

I counted down the minutes to 11 a.m. EST, PayPal account logged in and credit cards in hand. I had my boyfriend and a friend on standby in case any-

thing went wrong (if you've tried buying a Mansur Gavriel online in the past, you'll know what I'm talking about).

Everything went wrong.

My black bucket bag was in the shopping cart, but my credit card was declined over and over again. Seconds ticked by as the "sold out" slash marks began appearing over each sought-after bag.

My heart began to sink, but then my friend texted. She got one! Then my boyfriend — he got one too!

So now I have not just one but TWO Mansur Gavriel bags. Price tag for both: \$1,250 U.S.

Had I gone bananas?

Maybe I fell for the genius way the fashion brand marketed their product, playing up the small-batch, high-quality



production of the Italian-made bags, teasing us for weeks with the tiny, online sales window.

But then I looked at Mansur Gavriel's Facebook page, as it filled up with angry comments from throngs of disappointed shoppers.

See, it is THAT hard to get, I thought. And I got not one, but TWO. Score.

Metro's Irene Kuan scored not one, but two coveted Mansur Gavriel bags. HANDOUT

HAZELDEAN WEIGHT LOSS CLINIC

436 Hazeldean Rd, Suite 203 • hazeldeanweightloss.ca

THE ONLY CLINIC IN OTTAWA that offers medically supervised weight loss programs to target the "stubborn" fat around your abdomen, hips & thighs.

• hCG Weight Loss Program

Rapid weight loss (average loss 25-30 lbs in 40 days) and long lasting!

• BTL VANQUISH MET™

Permanent lose 2-4 inches of circumferential fat after 4-6 of non-invasive treatment, giving you newly defined contour and body confidence!

• Resting Metabolic Rate Test

The only way to test your body metabolism

Call
613-778-8766
Today for a FREE
Consultation
and get
10% OFF!

SUCCESS
LANGUAGE SCHOOL
& TRANSLATION SERVICE

"Bilingue en peu de temps"

LEARN FRENCH FAST

3 OR 6 WEEK GROUP MINI-IMMERSIONS

SMALL CLASSES • FRENCH FOR GOVT JOBS • PRIVATE CLASSES

CLASSES START APRIL 11

"I am absolutely thrilled to let you know that I received a C in my oral exam. I am so relieved and pleased" - gov't employee

OTTAWA • ORLEANS • HULL

successlanguageschool-ecolesucces.com • 613.795.5773

metro

**Tell us
how
you
really
feel.**

Join our online reader panel
and help make your Metro
even better.

metronews.ca/panel

Get the phone you really want.

Limited
time offer!

iPhone 5s for \$0¹ with the Tab².



iPhone 5s

Get it with talk, text and data
starting from \$50/month.²

Choose Happy¹

koodo
mobile²



MOBILE SHOP

Walmart

WOW!
mobile boutique

koodo
shop

(1) Subject to approved credit. (2) Taxes (including government 911 fees) and charges for pay-per-use services (such as long distance, roaming and additional airtime or data) are extra. TM and © 2016 Apple Inc. All rights reserved.

Aberdeen Mall
Bay Centre
Brentwood Town Centre
Central City Shopping Centre
Coquitlam Centre
Cottonwood Mall
Guildford Town Centre
Hillside Centre

Kitsilano
Lougheed Town Centre
Mayfair Shopping Centre
Metropolis at Metrotown
Oakridge Centre
Orchard Park Shopping Centre
Pacific Centre
Park Royal Shopping Centre

Richmond Centre
Scottsdale Centre
Sevenoaks Shopping Centre
Willowbrook Shopping Centre
Woodgrove Centre

Autobahn for All

You Sales Event

FINANCE FROM

0%

FOR UP TO

60

MONTHS[†]
on select models

GET UP TO

\$2,000[^]

BONUS CASH^{**}
on other select models

[^]Jetta Highline, GLI and Hybrid amount shown

2016 Jetta

1.4 TSI TRENDLINE MANUAL TRANSMISSION

MONTHLY LEASE
FROM THE EQUIVALENT OF

\$45 at 0.99% for 48

MONTHS[†]

WITH \$1,198 DOWN

With features you'll love, like:

- TSI Turbocharged Engine
- Available App-Connect
- Standard Rearview Camera



Highline model shown

Exceptional exists for less than you think.
See for yourself at vwoffers.ca. Offers end March 31.



*Limited time finance purchase offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163VF1) base model with 5-speed manual transmission with base MSRP of \$17,600, including \$1,605 freight and PDI, financed at 0% APR for 60 months equals 130 bi-weekly payments starting from \$135. \$0 down payment or equivalent trade-in due at signing. Cost of borrowing is \$0 for a total obligation of \$17,600. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **Up to \$2,000 finance bonus cash available to be applied as a discount on MSRP on finance only (through Volkswagen Finance, on approved credit) of select new and unregistered 2016 Jetta 1.8T Highline, GLI and Hybrid models. Discount varies by model. **Lease payments of \$195 on the Jetta must be made on a monthly basis and cannot be made weekly.** Weekly equivalent payments shown for information only. Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163VF1) base model with 5-speed manual transmission. \$1,605 freight and PDI included in monthly payment. 48-month term at 0.99% APR. \$1,198 down payment, \$250 security deposit and first monthly payment due at lease inception. Total lease obligation: \$10,558. 64,000-kilometre allowance; charge of \$0.15/km for excess kilometres. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end March 31, 2016 and are subject to change or cancellation without notice. Model shown: 2016 Jetta 1.8T Highline automatic transmission, \$27,995. Vehicle shown for illustration purposes only and may include optional equipment. Visit vwoffers.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Autobahn for All", "Jetta", "TSI", "Highline" and "Trendline" are registered trademarks of Volkswagen AG. © 2016 Volkswagen Canada.

Your essential daily news

Vacuum-maker Dyson may develop electric car



Imperfect – but maybe perfect for you



THE CHECKLIST | 2016 NISSAN ROGUE

THE BASICS

Type. Four-door, five-passenger compact SUV
Engines (hp/torque). 2.5-litre four-cylinder (170/175)

Transmissions. Continuously variable (CVT)
Price. \$24,948 - \$35,548; as-tested \$29,548 (plus destination)

COOL FEATURES

- Configurable cargo compartment
- Sliding and reclining second-row seats
- Satellite radio
- Available blind spot warning and emergency braking
- Easy-Fill tire pressure system
- Hill start assist
- Available power liftgate



ROGUE PHOTOS JIL MCINTOSH/FOR METRO; ALL OTHERS HANDOUT

POINTS

- The rear-view camera has a limited view and is mainly for judging curbs when parking; the bird's-eye camera on higher trims is far superior.
- The Rogue has been in the top-ten list of best-selling SUVs and light trucks in Canada for 19 consecutive months.

MARKET POSITION

Nissan offers the Rogue and Juke in the compact SUV/CUV segment. The Juke's more fun to drive, but it's smaller and its styling isn't to all tastes, leaving the Rogue to appeal to a more mainstream audience.

THE COMPETITION



Ford Escape
Base price: \$24,199



Toyota RAV4
Base price: \$25,240



Honda CR-V
Base price: \$26,190

REVIEW

Rogue great for cruising, but acceleration is sluggish

Jil McIntosh
For Metro Canada

When you're shopping, there is no perfect vehicle. Instead, it comes down to measuring the pros and cons — what you love, what you don't, and what you can live with — to come up with the right one.

That's what I did with the Nissan Rogue. There are some things it could certainly do better, but overall, I could live with this little trucklet.

It was completely redesigned back in 2014, a makeover that solved its interior-space inadequacies, especially the cramped rear seat.

It's now quite roomy inside despite its compact exterior dimensions.

You can even get a third row of seats, although I've never tried squeezing into one and don't imagine it would be pleasant.

My two-row version included a configurable cargo tray that can be lifted to hide valuables, dropped to accommodate taller items, or flipped up to keep gro-

cery bags from sliding around.

The Rogue uses a 2.5-litre four-cylinder, mated strictly to an automatic continuously variable transmission (CVT).

Its performance is fine once you're at cruising speed, but acceleration to get there is noisy and sluggish.

The ride is quiet and smooth, but I'd like more steering feel. All-wheel drive, optional on the two lower trim levels and standard on the top-line SL, primarily runs the front wheels but sends power to the rear ones when needed.

It can also be locked 50/50 at low speeds to get out of snow or mud.

There's a wide step over the sill. Once you're inside, the seats are very comfortable. And

I love this: the seatbelt adjuster slides down farther than on anything else I've ever driven, so it doesn't choke shorter drivers.

The Rogue's starting price of \$24,948 puts it mid-range with most competi-

tors. My tester was the new SV Special trim, a version of the mid-range SV but \$1,000 less since it lacks the SV's panoramic sunroof — a nice alternative if, like me, you want creature comforts but don't care for a glass top.

It's all part of choosing the vehicle that isn't perfect, but is ideal for you.

3 STANDOUT CARS THAT TURNED HEADS IN NEW YORK

Some stunning new vehicles have been presented at this year's New York International Auto Show, which runs until April 3. Here are three to watch. **AFP**

1 Chevrolet Camaro ZL1

General Motors unveiled the Chevrolet Camaro ZL1, which comes with a 640hp V8 engine and a choice of six-speed manual or 10-speed automatic gearboxes. Surprisingly, the American carmaker hasn't yet announced performances for this car, which is due to land before the end of 2016. A convertible version, also presented at the New York event, should be available in early 2017.



2 Toyota Prius Prime

A rechargeable version of the Toyota Prius was presented in a worldwide premiere at the New York show. This doubles battery life in fully electric mode (over 50 km), for average fuel consumption of just 1.4l/100km and CO2 emissions at 32g/km. It also has an original solar charging system on the roof. The rechargeable Prius is scheduled to launch towards the end of 2016.



3 Subaru Impreza

The new version of this Japanese hatchback debuts the Subaru Global Platform architecture, increasing rigidity throughout the body and chassis by 70 per cent, according to the manufacturer. The first models are expected to land in North America by the end of the year.





SPORTS

Denzel Valentine of Michigan State and Buddy Hield of Oklahoma were unanimous selections to the AP 2015-16 All-America team

The Arena at TD Place to host June 18 UFC event

MMA

6 Canadians to join MacDonald on Ottawa card

The UFC has added six Canadian fighters to its June card at The Arena at TD Place in Ottawa.

The MMA organization had previously announced the card's main event — No. 1 welterweight contender Rory (Red King) MacDonald against No. 2 Stephen (Wonderboy) Thompson — but the venue was not made public until Tuesday. The UFC also unveiled eight more fights on the card.

Montreal-based MacDonald (18-3-0) is coming off a UFC 189 loss to 170-pound champion (Ruthless) Robbie Lawler while Thompson (12-1) stopped former welterweight title-holder Johnny (Bigg Rigg) Hendricks last time out.

Also on the Ottawa show, Montreal welterweight Patrick (The Predator) Cote takes on American Donald (Cowboy) Cerrone. Ranked No. 9 at 155 pounds, Cerrone (29-7-0 with one no contest) won his welterweight debut in February when he stopped Alex Oliveira. Cote (23-9-0) has won his last three fights and is 5-1 since dropping to welterweight three years ago.

In choosing The Arena at TD Place, the UFC opted for the smaller of the two main arenas in Ottawa. The televised card



Canada's Rory MacDonald will fight Stephen Thompson on June 18 at The Arena at TD Place.

DEREK LEUNG/GETTY IMAGES

will be held at the 10,000-seat home of the OHL Ottawa 67's rather than the larger Canadian Tire Centre where the Senators play.

Tom Wright, the UFC's

executive vice-president and general manager for Australia, New Zealand and Canada, said the smaller venue was chosen because its location allowed for "fan experience" and other

events prior to the show.

Venue size was not a major factor, he said, adding that the Canadian Tire Centre capacity would be reduced to 16,000 or less due to the fight-night setup.

Ottawa becomes the ninth Canadian city to host a UFC show, joining Calgary, Halifax, Montreal, Quebec City, Saskatoon, Toronto, Vancouver and Winnipeg.

THE CANADIAN PRESS

CONCUSSIONS

NHL documents show leadership's concern

Unsealed NHL documents in the concussion lawsuit brought by former players reveal an internal debate by league officials over head injuries and a deeper concern about the impact of fighting than what has been publicly shared by NHL leadership.

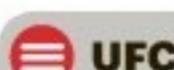
Spokesman Frank Brown said Tuesday the league's stance has not changed from Commissioner Gary Bettman's comments during the All-Star game weekend. Bettman said

then that the release of the "out of context" documents would be "a distraction at best" and "not impact the merits of the case."

The material was obtained by The Associated Press from counsel for the plaintiffs and was first reported by Canadian sports network TSN.

More than 100 former NHL players have joined the class action against the league over its handling of concussions.

THE ASSOCIATED PRESS



Jon Jones held in jail

Former UFC light heavyweight champion Jon "Bones" Jones, who trains in Albuquerque, has been booked into the county jail for a probation violation stemming from traffic citations he received last week.

Jail records show he was being held Tuesday without bond. It was unclear when he will appear before a judge. Jones is scheduled to fight Daniel Cormier at the end of April in a light heavyweight title fight.

THE ASSOCIATED PRESS

CFL

Jon Gott signs deal with Redblacks

Offensive lineman Jon Gott signed a two-year contract extension with the Ottawa Redblacks on Tuesday.

The deal takes Gott through the 2018 season.

Gott, 30, helped Ottawa reach the Grey Cup last year. The Redblacks acquired the bearded lineman from the Calgary Stampeders for the rights to offensive lineman Marwan Hage and the first overall pick in the 2014 CFL draft.

"Jon has been the anchor of

our offensive line from Day 1," Ottawa general manager Marcel Desjardins said in a statement.

"His contributions to the Redblacks both on and off the field have been tremendous and to be able to secure his services through the 2018 season is great news for our team and our city."

Gott, an Edmonton native, said it was an easy decision to re-sign in Ottawa.

THE CANADIAN PRESS

FIGURE SKATING

Nguyen going to worlds

When Nam Nguyen was told to report to coach Brian Orser's office at the Toronto Cricket Club a couple of weeks ago, his first thought was that he was in trouble.

"I was panicking," Nguyen said.

Instead, Orser and Mike Slipchuk, Skate Canada's high performance director, had called him in to tell him he'd been added to the team for this week's world figure skating championships.

Liam Firus, a 23-year-old from North Vancouver, had withdrawn from the squad so Nguyen could compete, an unselfish move that he explained was "vital for our team."

The world championships in Boston determine how many skaters — between one and three — a country can enter in each discipline at next year's event, which in turn determines how many can compete at the 2018 Olympics.

Nguyen, a 17-year-old from Toronto, has had a rough season as he continues to adjust to his growing body. But he's had better international results than Firus, including a fifth-place finish at last year's world championships.

"(Firus) messaged me a few days ago, wishing me luck and enjoy the experience," Nguyen said. "When I heard I was going to worlds, I messaged him later that night to say thank you, best of luck... in the rest of your training and to get ready for next season."

Nguyen, who won the world junior title in 2014, finished fourth with an uncharacteristically rocky performance at the Canadian championships in January. As the defending champion in a field that once again featured Patrick Chan — back after a season's hiatus — Nguyen was feeling the pressure.

THE CANADIAN PRESS



Nam Nguyen GETTY IMAGES

RECIPE Spaghetti with Pancetta and Spinach

Ceri Marsh & Laura Keogh
For Metro Canada

You already know pasta is an easy way to tackle dinner but this dish is not only fast but it's packed with flavor. Thank you, pancetta.

Ready in

Prep time: 10 minutes
Cook time: 15 minutes

Ingredients

- 250 g spaghetti
- 1/3 cup oil, divided
- 1 clove garlic
- 1/2 cup diced pancetta
- 5 oz. fresh spinach
- 1 cup fresh shaved asiago cheese

Directions

1. Bring a pot of heavily salted

water (it should taste like the ocean) to boil and add pasta; cook according to package directions.

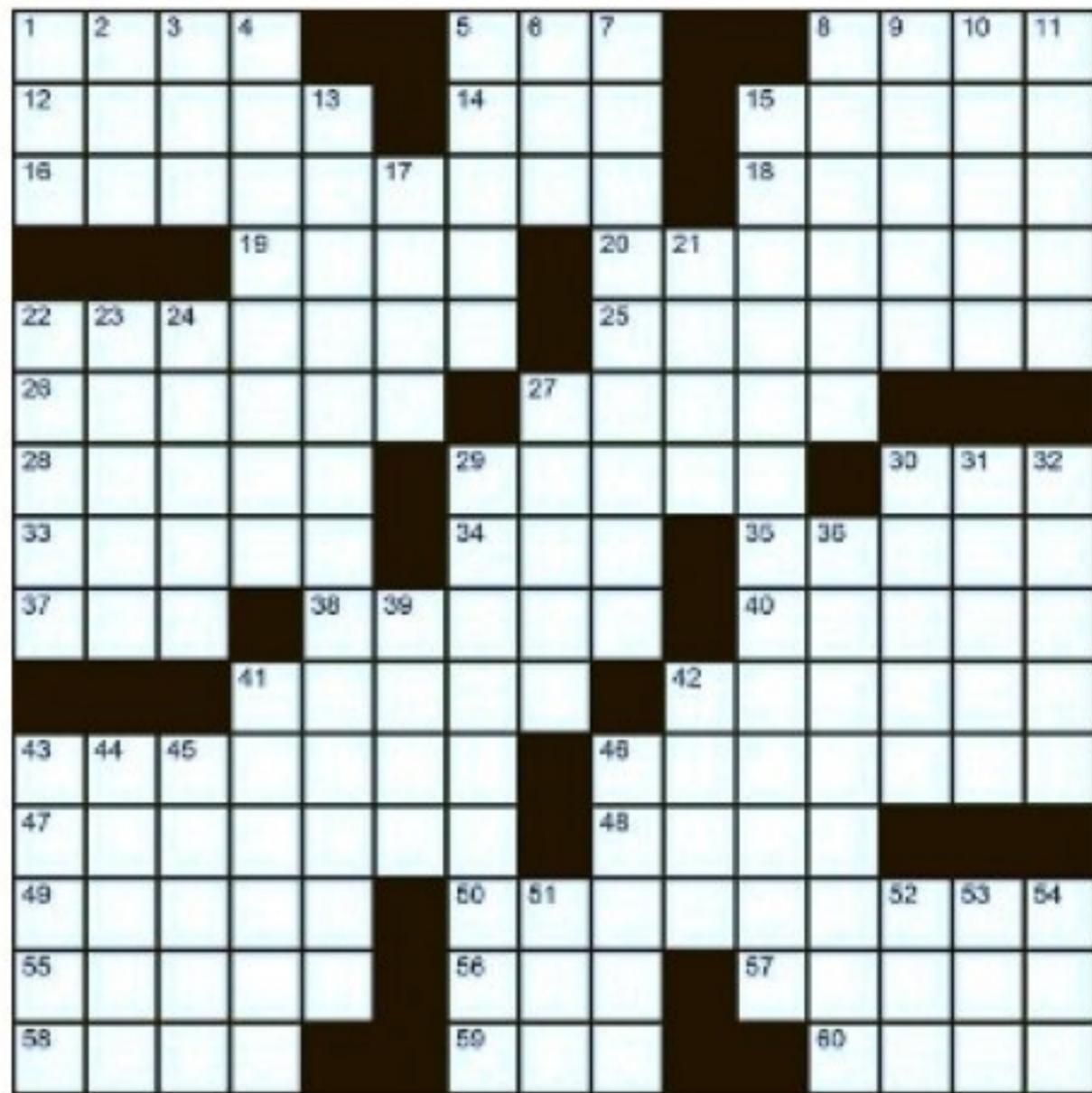
2. Heat a large skillet over medium heat and then add a tablespoon of oil. Add garlic and cook for about 1 minute, until fragrant. Add pancetta and cook until browned. Adjust the heat to low and then stir in the spinach and allow it to wilt.

3. Once pasta is done, add to the pan with spinach along with the remaining oil and stir. Sprinkle pasta with asiago cheese. Remove pasta from heat and serve.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN**ACROSS**

1. Mr. Clayton of U2
5. City ride
8. Legally fair
12. Canadian eyewear chain, _ Optical
14. Cuckoo bird
15. Del _ (Canned fruit brand)
16. Tilted up against: 2 wds.
18. Variety of flower
19. Nylons nuisance
20. Store employee at the counter
22. Married Canadian hosts of #15-Down, _ and Dave Wilson
25. Miss Havisham's ward
26. Islands of Portugal
27. French _ (Fast food order)
28. Don Juan types
29. Cloudiness of vision
30. "Star Trek: Voyager" role
33. English speaker, for short
34. Quebec flag symbol, Fleur-de- _
35. Unfresh, as bread
37. Golfing prop
38. Contaminate
40. Western movie
41. Blue Rodeo's _ "Hit Me Yet"
42. "The" _ (Steve Carell series)
43. Scattered
46. Seats for Miss



- Muffet
47. Muse of comedy in Greek myth, and her namesakes
48. Strait of Belle _
49. Comic actress
Ms. Wilson
50. Divide, as with a wall

55. Have _ of one's own
56. Be in debt
57. Fried foods coating, perhaps
58. " _ Dinah" by Frankie Avalon
59. Writer Mr. Lawrence, et al.
60. Skim

- DOWN**
1. Hamilton Bulldogs org.
2. Actor, Daniel _ Kim
3. Alias, e.g.
4. Troubadour
5. Loose fitting
6. One, in Mexico
7. Most earnest

8. Teasingly jokes
9. Johnny Mathis hit bit: "... _ the twelfth of never..."
10. Structural material
11. Earth
13. Team the Ottawa Senators

***IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

Aries March 21 - April 20
Avoid intense discussions and encounters with bosses, parents, teachers and VIPs today. They could quickly disintegrate into a nasty argument!

Taurus April 21 - May 21
Research that you do today might yield something shocking. It could be a secret from the past. It also might relate to politics or religion. Be careful how you use this information.

Gemini May 22 - June 21
Discussions with a friend or a member of a group might turn into a power struggle today. Don't try to force your opinions on anyone else, and don't let anyone do this to you.

Cancer June 22 - July 23
This is a poor day to talk to authority figures, because you probably are obsessed with an idea. You're like a dog with a bone. This will not go over too well. Wait for another day.

Leo July 24 - Aug. 23
Avoid controversial subjects, because you will end up arguing about politics, religion or racial issues. People are intense and obsessed today!

Virgo Aug. 24 - Sept. 23
Quarrels about shared property, inheritances, taxes, debt and jointly held possessions might come to a head today. However, this is a poor day for these discussions. Ya think?

Libra Sept. 24 - Oct. 23
Avoid quarrels with partners and close friends today. Either you or someone else won't let go of an idea, which is the source of the problem.

Scorpio Oct. 24 - Nov. 22
You might have to fix broken equipment at work today. In doing so, avoid quarrels with co-workers who think they know better.

Sagittarius Nov. 23 - Dec. 21
Parents should be easygoing with kids today, because it's a quarrelsome day. Likewise, romantic partners might experience conflict. Just let it go. Lighten up.

Capricorn Dec. 22 - Jan. 20
Be tactful during family discussions today because people are obsessed about issues. Home repairs are one thing that seems to be on the table right now.

Aquarius Jan. 21 - Feb. 19
Do not try to coerce others to agree with you today. (Ironically, you won't get them to agree anyway.) Just keep things light, because relations with others are intense.

Pisces Feb. 20 - March 20
If shopping today, be careful! You might buy something regardless of whether you should do this or not. Avoid quarrels about money and possessions, as well.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

7				6
3		9	2	7 4
				9 5
8		9		7
		6	4	
9		5		8
5	1			
4	6	5	9	3
2				1

© 2014 Conceptis Puzzles, Ltd. by King Features Syndicate, Inc.

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to
metronews.ca/games



CHARGED WITH A TRAFFIC OFFENCE?

NEW Location: 1901 Bank Street



www.xcopper.com

Get expert advice today.
Visit a Bell store near you.

BROCKVILLE
1000 Islands Mall
CORNWALL
Cornwall Square
KANATA
510 Earl Grey Dr.
NEPEAN
50 Market Place Ave.
1541 Mervin Rd.
Bayshore Shopping Centre
ORLEANS
Place d'Orléans
SmartCentres Orleans
OTTAWA
247 Bank St.
280 West Hunt Club Rd.
Billings Bridge Plaza
Carlingwood Shopping Centre
Rideau Centre
St. Laurent Shopping Centre
PEMBROKE
1018 Pembroke St. E
PETAWAWA
3471 Petawawa Blvd.
RENFREW
178 Plaum St.
SMITHS FALLS
16 Beckwith St. S
STITTSVILLE
1261 Main Street

Also available at:



Enjoy iPhone 6 on one of the best networks in the world.



iPhone 6

\$ 0¹

(After \$100 bill credit)

2-yr. Plus plan with
select data add-ons
\$839.95 no term

SIM card charge
(\$9.95) may apply.

Introducing Roam Better™ From Bell. Use your iPhone in over 100 destinations
around the world and get unlimited talk & text plus 100 MB of data in the U.S.
for just \$5/day or \$10/day in international destinations.²

Visit a Bell store • 1 888 4-MOBILE • bell.ca

Bell being with
Bell just
got better

Offer ends March 31, 2015. Available within network coverage areas available from Bell Mobility; see bell.ca/coverage. One-time connection charge (\$15) applies. 9-1-1 government monthly fee in NL: \$0.75, NS: \$0.43, PEI: \$0.70, NB: \$0.53, AB: \$0.44, SK: \$0.62, QC: \$0.40. If you end your commitment period early, a cancellation fee applies; see your Agreement for details. Subject to change without notice, not combinable with other offers. Taxes extra. Other conditions apply. (1) With new activation (or hardware upgrade with an account in good standing) and a Plus plan before taxes. In AB, BC, NB, NL, NT, NS, NU, ON, PE, YT: \$95/mo. (\$60/mo. plan + \$35/mo. for 2.5 GB data). In SK: \$80/mo. (\$55/mo. plan + \$25/mo. for 4 GB data). In MB: \$65/mo. (\$45/mo. plan + \$20/mo. for 6 GB data). In QC: \$75/mo. (\$55/mo. plan + \$20/mo. for 4 GB data). Promotional pricing may apply; visit bell.ca/rateplans for details. The bill credit will be applied on the second or third invoice, before taxes. You must keep a min. 2.5 GB data plan during the 2-yr term, otherwise the \$100 bill credit will not be applied. Your account must be in good standing in order to receive the bill credit. (2) Roam Better is a pay-per-use feature and add-on to a Bell unlimited Share plan, within certain Bell's US/international roaming partners' coverage areas. Subject to change without notice, including coverage, rates and usage allowances. One-time opt-in required for the feature and once you opt-in (required), a daily fee will be automatically applied for each calendar day you call, text or use data while roaming in a Roam Better destination. Premium texts (see bell.ca/premiumSMS) are not included and subject to additional charges. Calendar day for charging the daily fee is 08:00 to 23:59 Eastern Time (ET), regardless of time zone where you roam. Feature not compatible with Travel Pass. Other conditions apply; see bell.ca/roambetter. **US Roam:** For additional data you may top up for another 100 MB of data for \$5/day. Unlimited voice includes calls within the US and to Canada. Calls to all other countries are subject to international call charges. Unlimited texts include incoming and outgoing texts to US and Canadian mobile numbers. Texts sent to international mobile numbers are extra. **International Roam in eligible destinations:** For additional data, you may top up for another 100 MB of data for \$10/day. Unlimited voice includes calls within the destination country and to Canada. Additional charges apply in excluded destinations. Unlimited texts include incoming and outgoing texts to international destinations. Apple and iPhone are trademarks of Apple Inc.